VI CONGRESS
MIGRATION & MENTAL HEALTH

Migrants’ well-being matters

Oct. 12th, 2017
Rathaus Pankow, Breitestr. 24A - 26
13187, Berlin
BERLIN, 2017 – The Athena Network, in cooperation with Xochcuicatl e.V. and the council of Pankow (Berlin), is inviting you to its 6th International Congress on Migration and Mental Health on Thursday, the 12th of October, 2017. This interesting and highly-relevant event provides professionals within the migration and mental health community with the opportunity to share and discuss their projects, research, and applied experiences.

The conference is open to everyone - there will be a wide range of participants working in the public service sector, academia, and volunteering.

A floating feeling is commonly shared by most of us who have left our home to travel and continue our life somewhere else. Our roots are removed from their current soil and stay floating between two worlds. Will it ever be possible to put down our roots again?

The **Athena Network** was founded in 2010 by Joseba Achotegui (professor at the University of Barcelona), Rachid Benengadi (director of research at the Minkowska Center in Paris), and Xochtil Castaneda (professor at the University of California, Berkeley) as a global network to provide psychological and psychosocial support to immigrants living extreme situations.

[www.laredatenea.com](http://www.laredatenea.com)

**Xochcuicatl e.V.** – Latin American Women Association - from Berlin, has been assisting migrant women for 25 years with processes of integration by providing psychosocial, communal and legal support.

[www.xochcuicatl.de](http://www.xochcuicatl.de)

**The Integration Commissioner of the council of Pankow**, Katarina Niewiedzial, supports people, organizations and projects located in the district in order to promote processes of integration.

[https://www.berlin.de/ba-pankow/politik-und-verwaltung/beauftragte/integration](https://www.berlin.de/ba-pankow/politik-und-verwaltung/beauftragte/integration)
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<th>Time</th>
<th>Session 1</th>
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<tr>
<td>8:30 h</td>
<td>Registration opens</td>
<td>Welcoming speech from “Bezirksamt Pankow”</td>
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<tr>
<td>9:00 h</td>
<td>Inauguration</td>
<td>Luca Pandolfi – Professor of Urbaniana University of Rome</td>
<td>Noemí Alcalá – Xochicuicatl e.v. - Latin American Women Association</td>
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<tr>
<td>10:00 h</td>
<td>Session 1</td>
<td><strong>STRESS, SOCIAL FACTORS AND MENTAL HEALTH IN CURRENT MIGRATION</strong></td>
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<td><strong>Session 1.2</strong></td>
<td>“Losing God... The inclusion of the loss of ‘religious experience’ on the Ulysses Scale – Interdisciplinary and transdisciplinary experiments”. Luca Pandolfi. Anthropologist. Professor of the Pontifical Urbaniana University of Rome. Rome (Italy)</td>
<td>“Construction of a measurement questionnaire of cognitive schemas on migratory process – MP-MCSQ”. Leticia Marín. SAL Solidarietà con L’America Latina. Rome (Italy)</td>
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<td>“Hostility, anger, mistrust and biopsychosocial wellbeing of refugees, asylum-seekers and immigrants: a review and a study proposal”. Maria José Rebelo, Clinical psychologist. PhD Candidate at Comillas Pontifical University. Madrid (Spain)</td>
<td>“Mourning the Homeland, Settling in Place”. Maria Elena Ferrer Harrington. Executive Director, Humanamente. New York (USA)</td>
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<td><strong>Session 1.3</strong></td>
<td>“Trafficking in Human Beings (THB)”. Alba Alfageme. Coordinator of a European project about Trafficking in Human Beings. (Spain)</td>
<td>“Effects of the economic crisis on the migration process of Bolivian and Venezuelan women in the city of Valencia, Spain”. Norma Aguilar and Eleonora García. Venenval solidarity, Venezuelans in Valencia. Valencia (Spain)</td>
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<td>11:30 h</td>
<td>Coffee Break</td>
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<td>Moderation: Leticia Reyes - Psycho-socio-family eco-pedagogy programme in Paris and Brussels</td>
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### Session 2

#### Session 2.1

**“Community participation in mental health care in Syria”**. José López-Rodas. Psychiatrist. *Peruvian University Cayetano Heredia*. San Martín de Porres (Peru)

**“Persistent pain in asylum seekers, refugees and migrants: The embodiment of suffering”**. Andreia Negron. Three Boroughs Health Inclusion Team Adult Community Services, Guy’s and St Thomas’ NHS Foundation Trust. London (United Kingdom)

**“Racism & Mental Health in Migrant Population”**. Eben Louw. MSc Health Psychology. Psychological counseling centre for victims of far-right, racist and antisemitic violence (OPRA), ARIBA e.V. Berlin (Germany)


**Moderation: Luca Pandolfi - Professor of the Pontifical Urbaniana University of Rome**

#### Session 2.2

**“Over and under identification of minority children in special education- the situation in Japan”**. Nélida Tanaka. Yotsuya Yui Clinic. Tokyo (Japan)

**“Description, background and evaluation of the WIRwerden program. A research-based intervention supporting the social integration of refugee children in primary school”**. Laura Trölenberg. Freie Universität. Berlin (Germany)

**“Psychotherapy through psychosocial activities to face anger: the clinical case of a not accompanied foreign minor”**. Dr. Simonetta Bonadies, psychologist and psychotherapist. and Dr. Alberto Polito, psychologist. (Italy)

**“Gift and debt in the everyday process of educational and psychological caregiving for isolated foreign youth in France. A psychoanalytical perspective”**. Arnold Castelain. Groupe SOS Jeunesse service l’agenda mineurs isole’s e’trangers Paris. Paris (France)

**Moderation: Dori Espeso – Institut Assisténcia Sanitaria Girona and University of Barcelona**

**“Exploring the effectiveness of a creative writing intervention to promote refugees’ integration and well-being”**. Agata Vitale. Bath Spa University. (United Kingdom)

**“From idealization to reality: family reunification of Latin-American migrant women with their children”**. Maylet Osorio. Intercultural Psychologist. (Belgium)

**“The place of language in the psychoanalytic framework”**. Alessandra Mongardi. Refugee Therapy Centre. London (United Kingdom)

**“Strategies for coping with stress in the migration process: The experience of working in Hamburg with Spanish speakers and Latin American people”**. María Teresa González Osorio and Andrea Caballero Romero, psychologists. Espacio Internacional de Psicoterapia y Orientación and Medical School of Hamburg. Hamburg (Germany)

**Moderation: Juanita García – California Riverside University**

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#### 13:30 h

**General Debate**

#### 14:00 h

**Lunch and Posters**
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<th>Time</th>
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<tr>
<td>15:00 h</td>
<td><strong>PSYCHOLOGICAL AND PSYCHOSOCIAL INTERVENTIONS WITH MIGRANTS AND EXPERIENCES</strong></td>
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<td>“All walls do fall and the end...”. Luigi Leonori. <em>SMES-Europe.</em> (Italy)</td>
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<td>“Immigrants and refugees’ acculturation and labor integration”. Rita Berger. Prof. <em>University of Barcelona.</em> Barcelona (Spain)</td>
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<td>“Immigrants living in the homes of elderly person”. Renato López, Sociologist and researcher specializing in management of health. (Switzerland)</td>
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<td>“Homeless and mentally ill – between stigma and health risks of sleeping rough”. Petra Schwaiger, Project manager and social worker at Project “Frostschtuzengel plus” – <em>GEBEWO Soziale Dienste.</em> Berlin (Germany)</td>
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<td><strong>Moderation: Svenja Arenz – Xochicuicatl e.V. and Freie Universität Berlin</strong></td>
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<td>“Neutral language and mental health. Do migrants feel migrants?”. Francesca Ronchin. Journalist. (Italy)</td>
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<td>“Characteristics of psychotherapies with people without a secure residence permit”. Katharina Stahlmann. <em>Medibüro. Büro für medizinische Flüchtlingshilfe.</em> Berlin (Germany)</td>
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<td>“Intercultural competence from nursing”. Maribel Isabel Pagola Pascual. <em>Nurse specialized in psychiatry, University Hospital Donostia.</em> (Spain)</td>
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<td>“Migration of Families, Mediation and MiKK”. Michael Ford. Legal Assistant. <em>MiKK e.V. International Mediation Centre for Family Conflict and Child Abduction.</em> Berlin (Germany)</td>
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<td><strong>Moderation: Flaminia Bartolini – Xochicuicatl e.V. Berlin</strong></td>
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<td>“From the elaboration of the migratory mournings, towards the self-social construction of global citizenship: a responsibility of all of us”. Leticia Reyes. <em>Psycho-socio-family eco-pedagogy programme</em> in Paris and Brussels. (Belgium)</td>
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<td>“Beyond the grief and trauma relieved”. Juan Pimienta, Head of <em>Metropolitan Police Ibero American Association Scotland Yard</em> (Member of S.A.M.U.R.A.I). London (United Kingdom)</td>
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<td>“Theater as a tool for the migration processing”. Darinka Ezeta. Berlin (Germany)</td>
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<td>“From the story of the body to the soul of the stories. Playing and storytelling”. Margaux Richet. Freelance intercultural trainer and storyteller. Berlin (Germany)</td>
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<td><strong>Moderation: Celia González – Xochicuicatl e.V. Berlin</strong></td>
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<td>16:30 h</td>
<td><strong>General Debate</strong></td>
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<td>Moderation: Joseba Achotegui, Noemí Alcalá and Claudia Tribin</td>
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<td>17:30 h</td>
<td><strong>Closing lecture “Challenges of Transcultural Psychiatry in today’s world”.</strong> Rachid Bennegadi. President Elect of the of <em>World Association of Social Psychiatry.</em> Paris (France)</td>
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<td>**Involvement of embassies in the promotion of mental health during the migration process: “La ventana de salud mental - The window of mental health”*. <em>Mexico’s Embassy in Berlin</em> (Germany)</td>
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<td>18:15 h</td>
<td><strong>Closing Ceremony and Assembly of Athena Network</strong></td>
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<td>Presentation of the Athena Network Publication “The International Journal of Migration and Mental Health from Psychosocial and Communitarian perspective”</td>
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<td>Organizing Committee Berlin 2017 and Brussels 2018</td>
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<td>Posters</td>
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<td>“Academically Qualified Refugees’ Employment Experiences in the UK: Identity, Wellbeing, and Integration”. Amina El-Warari, Dr. Agata Vitale, Dr. Laura Caulfield, and Dr. Jennifer Kinloch. Bath Spa University. (United Kingdom)</td>
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<td>“Psychological disorders associated to traumatic experiences in women confined in Idomeni Refugee Camp”. Marta Guarch-Rubio and Antonio L. Manzanero. Universidad Complutense de Madrid. (Spain)</td>
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<td>“Importance of Mixed Methodologies in the Study of Immigrant Mexican Youth”. M.L. de Leon Siantz, L. Brazil-Cruz, and R. Manzo. University of California. (USA)</td>
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<td>“Mental health’s perspectives of unaccompanied refugee minors in Belgium”. Francesca Marzano. (Belgium)</td>
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<td>“Perceived causes of depression in Farsi-speaking migrants and refugees from Iran and Afghanistan living in Germany”. Mahan Mobashery. Phd Candidate Charité Universitätsmedizin. Berlin. (Germany)</td>
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<td>“Exiled Survivor’s guilt and activism: the case of Syrian civil society activists in Berlin”. Elisa Sanz. Berlin (Germany)</td>
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<td>“TransVer: Psychosocial resource network for the Intercultural opening of the psychosocial care System”. Dipl. Psycho. Arda Treijner and Dr. Penka. Charité Universitätsmedizin. Berlin (Germany)</td>
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Coordinated by:
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Claudia Tribín

Thank you for your support!